



dimitra kakaraki
awair consultant



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Profile

Dimitra has developed 10 years of experience in managing Assessment Centres and providing coaching. She is a psychologist, cognitive-behavioural psychotherapist, and Ordinary Member of the Italian Society for Cognitive Behavioural Psychotherapy, the Italian Society of Psychotherapy and the Society for Coaching Psychology Italy. Over time, she has also developed extensive and solid experience as a consultant on talent management processes and organisational behaviour.

She also designs and conducts training programmes in the organisational field aimed at building leadership behaviour and developing effective interpersonal communication methods. Her areas of specialisation include the design of assessment processes, talent and leadership development through Hogan Assessment Systems, the 360° assessment tools. At Awair, she leads the Hogan Certification programmes.

Interests

The topics that Dimitra is most passionate about concern leader behaviour and the creation of training paths that provide opportunities to develop functional behaviour within an organisation, benefiting the performance of the individual as well as the performance of the organisation as a whole.

Clients include

- Avio
- BCG
- BNP Paribas
- Coesia
- Deloitte
- Enav
- Generali
- Loropiana
- Mapei
- Roche
- Siemens
- Sky
- Unipol
- Zegna

Professional History

- Awair, Senior Consultant
- Scuola di Specializzazione in Psicoterapia cognitivo – comportamentale, Lecturer
- CNSP, Member of the Training Commission

Education

- Hogan Assessments Certification
- Two-year course in neuroscience for the clinic of cognitive disabilities
- Specialisation in Cognitive Behavioural Psychotherapy and Psychosocial Intervention
- Course in Criminology and the Science of Investigation
- Degree in Psychology